



What: EAT N' PLAY Feeding Group

Where: Kids in Motion Pediatric Therapy
18512 Hawthorne Blvd, Torrance, CA 90504

Why: The purpose of this group is to promote independent and safe feeding skills and behaviors for children with various forms of feeding/swallowing difficulties. Feeding and swallowing problems can affect children from birth to adolescence and can be the cause of many developmental and psychosocial delays. These delays often generate additional health problems for children and increased financial and emotional stress for their families. This group is designed to address mild to moderate feeding/swallowing difficulties in an effort to curb maladaptive feeding behaviors and to promote health and wellness, while maintaining a fun and motivating environment.

How: This full parent participation group led by an occupational therapist with an Advanced Practice for Feeding and Swallowing from the California State Board of Occupational Therapy will have a large emphasis on parent education and coaching to promote understanding and proper execution of positive feeding techniques. Infants, toddlers and children are grouped together by age, area of difficulty with feeding/swallowing and potential for positive peer modeling. Therapeutic interventions will include oral motor development, sensory processing, peer modeling, oral play, tactile desensitization (oral and systemic), behavioral modification, and food texture progression.