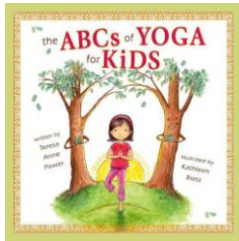


Combined Yoga and Brain Education (BE) Classes for Kids with Special Needs



at Kids in Motion Pediatric Therapy

18512 Hawthorne Blvd., Torrance, CA. 90504

310-371-8555

www.mykidsinmotion.com

\$300.00 registration fee per session which includes 10 weekly Yoga classes utilizing the principles of Brain Education for Kids and the AWARD WINNING children's yoga book *The ABCs of Yoga for Kids*

Space is limited – pre-registration required

Brain Education (BE) for Kids is a powerful educational program for students designed to promote physical, emotional and social well-being as well as higher achievement. In this class, we introduce the BE program which addresses the whole child. It is designed to not only provide physical conditioning through yoga movement, but to transform an individual's relationship to the stress response, enhance trust and cooperation, develop sensory and emotional awareness, develop motor control/balance, and strengthen creativity. This is an experiential program that creates an environment for safe, meaningful, and effective play.

Renee Yazdi, certified BE instructor, together with Teresa Power, author of the award winning book "The ABCs of Yoga for Kids", have teamed up with Kids in Motion Pediatric Therapy to provide weekly Yoga classes, designed for Kids with Special Needs.

WHEN: Weekly classes starting Mondays at 5:00 pm in September, 2009
Introductory workshop on August 30th at 3:00 pm

WHERE: Kids in Motion Pediatric Therapy
18512 Hawthorne Blvd
Torrance, CA. 90504



COST: \$300.00 registration fee which includes a 10 week series of weekly combined Yoga and Brain education classes featuring a low child: instructor ratio, and a class structure and kid friendly environment custom designed to accommodate the needs of all children.

Space is limited -- **pre-registration required.**

QUESTIONS? : Contact Kids in Motion Pediatric Therapy @ 310-371-8555 or visit their website at www.mykidsinmotion.com. You can also learn more about Brain Education for kids at www.powerbrainedu.com and about "The ABCs of Yoga for Kids" at www.abcyogaforkids.com

